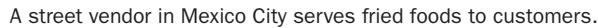




AP Photo/Ivan Pierre Aguirre



At this point, a number of intervention programs have been implemented and evaluated in terms of outcomes (Holub et al., 2013). School-based programs to increase physical activity have been established in Mexico, Brazil, and Chile.

FIGURE 10.2 Worldwide Obesity Rates, 2009

No data
  <10%
  10%–14.9%
  15%–19.9%
  20%–24.9%
  25%–29.9%
  ≥30%

**Thought Question:**

Why do you think targeted programs aimed at obese individuals work better than prevention programs? Does that mean we shouldn't have any prevention program? Why, or why not?